

Spring Term **ELIZABETHAN** **HIGHLIGHTS**

EASTER TERM

2023

IN THIS ISSUE:



School Production 23, Ski Trip 23, Leeds Uni
Fair 23, Dylan The Dog: Wellbeing & much
more!

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MESSAGE FROM THE PRINCIPAL

Welcome to our Spring newsletter.

I would like to thank parents and carers firstly for all their support this term in minimising the disruption caused by strike and snow days. The support and help you provide to your son/daughter in helping them with their studies and becoming effective independent learners really does make a huge difference not only now but in the future. Preparing students for examinations will be essential during the upcoming summer term not only for Year 11 and 13 for their external exams but all year groups will have end of year exams this summer. The dates are outlined on page 14. We have also included useful tips on how you can help your son/daughter revise effectively.

Please do go over these dates with them.

There has been so much to celebrate this term. The "Our House" production was magnificent with a cast which spanned the age ranges. We had enormous success at the Worksop Music Festival. The Elizabethan charity work has continued full steam ahead led by our student leadership team. We continue to experience success at sporting events and many of our talented students are also going on to receive national accolades..

It is the time of year when we review the year and evaluate what we do well and how we can further improve. So I have feedback from all stakeholders, I would be really grateful if you could complete our parent surveys (<https://forms.office.com/e/5iH4PByh1w>). In addition I am trying to get a Parent Teacher Association off the ground and am looking for willing volunteers. This would not be onerous and involves a termly meeting to provide feedback and help organise events. Please contact head@elizabethan.notts.sch.uk for more information or to volunteer. I do hope that you and your families have a happy and healthy Easter break

Best wishes

Christine Horrocks
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DYLAN THE DOG

WELLBEING & READING!



Happy Easter everyone! Here's a very happy me surrounded by books in the school library...woof! I love having my photo taken! My tips for the holidays are first, to always take some time to read. I enjoy grabbing a few pages in the morning to give my brain a kick-start for the day. It works for humans and us furballs :). Also, take care of your wellbeing by going on lots of walks...especially with your dogs! But, remember to have fun and relax...I think we all deserve it!

Stay healthy and floofy!



LEEDS UNIVERSITY FAIR TRIP 2023

What a brilliant trip it was with our Year 12s/13s to the Leeds University Fair on Thursday 9th March 2023! Despite the snow, we gained lots of information and hope our Year 12/13 students have gained more understanding for their futures... what great scenery the snow made!

Huge thanks to the staff who joined and faced the gloomy weather also! We hope the students found it useful and enjoyed their deserved day out.



SKI TRIP

2023...

Over half term our students had the wonderful opportunity to travel to Andorra for our ski trip. The students were extremely well behaved and have been an absolute credit to our school. Over the course of the trip there was lots of laughter from staff and students alongside a superb amount of resilience and respect throughout the week. Miss Riley, Mr Riley and Mrs Ward are incredibly proud of everything the students have achieved and have loved every minute of the trip!

Comments from students:

“The best part of the trip was deciding to push through my injuries because if I didn’t, I wouldn’t have progressed as much as I did. Jess’s energy definitely made this trip; if she wasn’t here I don’t think everyone would have kept their spirits high when we came across obstacles”.

“Overall through the falls, faints, crashes and aches, the best part of the trip was blasting karaoke at the top of our lungs, not caring who heard, especially in that (hopefully) sound proof room!”

“The best part of our trip was our ski instructor being an absolute icon, filming TikTok’s with us. I love the fact that Florence almost decapitated 3 people in a row but then casually shrugged it off. Best of all, eating mainly chips that much that I never want to look at them again!!”



...SKI TRIP

2023

GALLERY





Staff Spotlight

In some issues we like to profile a member of our Team to learn more about them and show off their hard work. This issue, looks at some of our staff behind the scenes. Here is where the marketing and branding of the schools comes from...

A bit about me...

Hobbies: Singing, dancing & working on my car!

Favourite TV Shows: Stranger Things, Friday Night Dinner & Would I Lie To You

Favourite Films: The Joker, Guardians Of The Galaxy, Horrors

Favourite Foods: Chinese, roast dinners & steak

Favourite Colour: Pastels

Favourite Animals: Otters & Golden Retrievers

What I studied in College: Graphic Design, Media Studies, Film & TV Production

One word to describe me: Creative

I Like... Cars, food, music, swimming and the 80s/90s!

Favourite thing about my job?

I've wanted to be in this career since such a young age, and I've never once turned away from it. I do what I love and what I'm best at...that's a great feeling!

Something nobody knows about me:

I sometimes do modelling alongside my normal work, and I have been a dancer since I was 3 years old (primarily a ballerina). I also sing - but don't ask me to! :)



Staff Spotlight

Our second spotlight is the face of all the careers greatness which happens for team Elizabethan. Mrs Shemilt puts in so much hard work to ensure our students create the most successful future for themselves and get to where they want to be!

Mrs Shemilt

A bit about me...

Hobbies: Shopping & fashion

Favourite TV Shows: Anything murder mystery - I love a puzzle!

Favourite Films: The Skulls & classic 80s films

Favourite Colour: Rose-gold

Favourite Animals: Dogs, horses & dolphins

What I studied in College/Uni: Media, Geography, English (A levels).
Uni = Professional Studies as a mature student. I also have a vocational degree and have been an apprentice twice.

One word to describe me: Always wanting to learn - OK, that's 4 words...

Favourite thing about my job?

Working with everyone! Students, employers, universities, colleges, apprenticeship providers etc. It means there is always something to learn that I didn't know before.

Something nobody knows about me:

I have an alcohol licence from when I was 19 (to sell alcohol) and I am a qualified Indian Head Masseuse. I would also like to get my pilot's licence.



Staff Spotlight

Mrs Goad, our reprographics hero, is sadly leaving us this Easter. She has been the backbone of our Academy for many years and will be greatly missed. This woman is a superhero and we cannot thank her enough! We wish you all the luck Mrs G! Enjoy your much deserved retirement...

Mrs Goad

A bit about me...

Hobbies: Going to the cinema & eating out

Favourite TV Shows: At the moment, Star Trek Picard

Favourite Films: Way too many!

Favourite Colour: Pink

Favourite Animals: Giraffe

One word to describe me: Loyal

Message from me.....

I will miss absolutely everyone at the academy and I have always loved my job...even though I am Moaning Minnie on Monday mornings!

After nearly 25 years at our school, I would just like to say that everyone is amazing and has seen me through bad times as well as good. The school has felt like a second family and I shall miss everyone and everything here, but I felt it was time to move. xx

'OUR HOUSE' SCHOOL PRODUCTION 2023

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What Fun We Had!

Thank you to everyone who came out to see 'Our House' over four nights last week. We are immensely proud of our talented cast of students who delivered their all in each and every performance. We are extremely proud of you all.

Also, a huge thank you to ex-student Charlotte Southwell and the Blended Cactus team for doing such a brilliant job all week capturing the performances!



WORKSOP MUSIC FESTIVAL 2023



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The Elizabethan Academy choir performed at the Worksop Music Festival this morning singing Rhythm of Life from Sweet Charity & One Day More from Les Miserable. They were praised for the energy and power of their performance and achieved first place with highly commended!

Choir - 1st place with highly commended In school choir Yr13 and under

KS3 Musical Theatre Group - 2nd with commended in musical theatre groups Yr7-9

Laura Taylor - 1st with distinction in grade 7 brass class

Jess Taylor - 1st with merit in grade 8 woodwind class

Joseph Cowan - 3rd with commended in the grade 4 woodwind class

Sampson Harthill - 1st with commended in the grade 6 woodwind class

Josh Parker - 1st with outstanding in the musical theatre solo Yr10-13 class

Josh Parker & Joseph Cowan - 2nd with commended in the musical theatre duet Yr10-13 class

Rosie Mounsey - 2nd with merit in the popular song Yr10-13 class

Elisha Lucas - 3rd with commended in the musical theatre solo Yr7-9 class



We are very proud of our Elizabethan students! The performances invited to perform again at the winners concert are...

Laura Taylor - Grade 7 brass class

Josh Parker - Musical theatre solo Yr10-13 (Music of the Night - Phantom of the Opera)

Josh Parker & Joseph Cowan - Musical theatre duet Yr10-13 (Dear Theodosia - Hamilton)

Josh & Joseph have also been awarded the David Hind Memorial Trophy which will be presented to them at the concert on Weds 26th April, 7pm at The Crossing, Worksop.

Tickets are available on the door for anyone who wants to go along to support them all.

Let's get social!

www.elizabethan.notts.sch.uk

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The Elizabethan Academy



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Prom Dresses & Suits

donations

We are looking for pre-loved prom dresses, suits, accessories, ties!



please email

RobinsonL@elizabethan.notts.sch.uk
for enquiries...

THE
ELIZABETHAN
ACADEMY



I would like to take the time to thank everyone for their support in 'Project Prom'.

The Academy and I are hugely grateful for the amount of wonderful donations we have received, and I am overwhelmed with the positive feedback and great success the Project has had.

My aim was to support our Year 11 students and their families with costs which could be associated with attending the prom, and enable our students to celebrate their successful years and many achievements at The Elizabethan Academy. I can now confidently say that my aim can be fulfilled!

If you still wish to donate please contact myself at
robinsonl@elizabethan.notts.sch.uk

KEY DATES & INFORMATION...

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Fri 28th April: INSET DAY

Mon 1st May: MAY BANK HOLIDAY

Mon 8th May: Additional Bank Holiday

Tues 16th May: Year 8 & Year 10 Parents Evening

Wed 24th May: Year 8 & Year 10 Parents Evening

Fri 26th May: Formal Celebration event of student achievements and successes

Fri 26th May-Mon 5th June: HALF TERM

MESSAGES:

We are excited to relaunch our **PTA** and would welcome interest from parents who would like to be more closely involved in our school community. Please contact Lyz Barnes at [**head@elizabethan.notts.sch.uk**](mailto:head@elizabethan.notts.sch.uk) if you would like more information. We look forward to strengthening our network of families, parents, students, teachers and leaders to ensure the Elizabethan continues to be the best it possibly can for the success of our students.

If any student or person at home has any questions about university or apprenticeships, please contact:
[**shemilts@elizabethan.notts.sch.uk**](mailto:shemilts@elizabethan.notts.sch.uk)

ASSESSMENT DATES BELOW:

...KEY DATES & INFORMATION

The following assessments will be completed in the summer term;

Monday 24, 25 and 26 April

Mock speaking exams for Modern Foreign Languages for Year 11 and Year 13

Monday 08 May to Thursday 29 June

External examinations begin for Year 11, Year 12 and Year 13 students

Monday 15 May to Friday 26 May

Internal end-of-year exams for Year 7

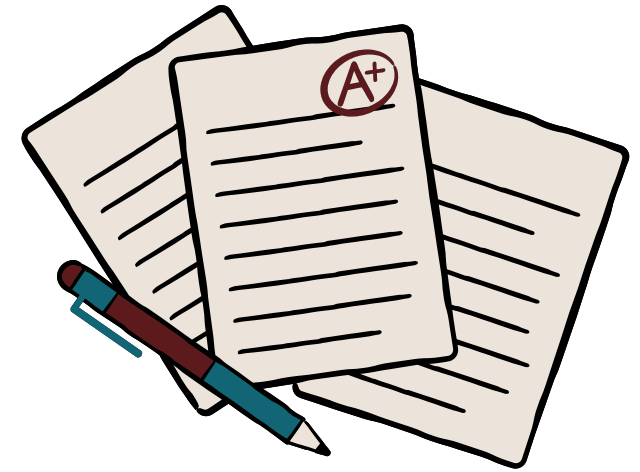
Monday 05 June to Friday 16 June

Internal end-of-year exams for Year 8 and Year 12

Monday 19 June to Friday 30 June

Internal end-of-year exams for Year 9 and Year 10.

Please note that the Year 10 exams will be sat in the hall to familiarise students with the way external exams will be organised.



You may have seen Andrew Tate's name pop up in the news, or you may have heard about him from your children. Read on to find out who he is, why he's in the news, the risks he poses and how to talk about him at home.

Who is Andrew Tate?

§ Social media influencer with over 5 million followers on Twitter

§ Former professional kickboxer

§ Previous Big Brother contestant

Why is he in the news?

In 2022, Andrew Tate was banned from YouTube, Facebook, Instagram and TikTok due to his controversial and misogynistic (hatred and discrimination against women) posts.

In December 2022, he was arrested in Romania along with his brother on suspicion of human trafficking, organised crime and rape.

How does this affect our children?

Andrew Tate, sometimes referred to as the 'king of misogyny', is a famous and influential figure on social media, even after being banned. He draws a lot of attention to his extreme wealth, luxury lifestyle and possessions, such as his expensive cars.

Children may still see his content (as other people can still share his posts) and may believe that acting and thinking like he does will lead to fame, fortune and success.

He promotes ideas such as:

§ Men are more important and more powerful than women

§ Violence against woman is okay

§ Men shouldn't show emotion

He has said things like:

§ “I think women belong to men”

§ “[Women are] intrinsically lazy”

§ “[There is] no such thing as an independent female”

§ “Depression isn’t real”

§ “The hallmark of a real man is controlling himself, controlling his emotions, and acting appropriately regardless of how he feels”

We know our young people are talking about Andrew Tate, and boys in particular are being influenced and ‘groomed’ by his views, with concerns that his power and influence could lead to radicalisation and violence against women. Girls are also in danger of accepting that what he says about women is true (i.e. that they’re worth less than men).

What can you do as parents?

We are talking about topics raised by Andrew Tate in school, for example through our TP programme and PSHCE curriculum. However, children are less likely to listen to influencers such as Andrew Tate if they are having similar conversations reinforced at home.

We recommend you:

1. Read recent news articles about Andrew Tate, if you’re not already familiar with him

2. Ask your child what they’re getting up to online – show genuine interest, don’t judge them or tell them what they should and shouldn’t be doing. Children are more likely to share if they feel you’re interested, rather than trying to check up on them

3. Have open discussions about Andrew Tate – don’t tell your child how to think, but question their thinking and understanding around the Equality Act and Protected Characteristics. Ask if they believe what Andrew Tate says, for example his comments that women “belong” to men, and how that might make the women in their lives feel, or they themselves feel. The charity Bold Voices have a great toolkit to help with this (Andrew Tate toolkit, Bold Voices)

4. Be role models – encourage your child to be open with their emotions. Teach them that it’s okay to cry if you’re sad. Show respect for women and girls, and encourage your child to model this behaviour.

Fake news and disinformation online

What's the problem?

Fake news is false or misleading information presented as genuine news.

Your child might have seen fake news online about the Russian invasion of Ukraine. There have been examples of old footage being shared as if it's new, or images being manipulated to present a misleading picture about what's happening. There's been lots of misinformation on TikTok in particular.

Fake news and disinformation have also been linked to radicalisation by extremists and attempts to skew people's world views. For example, extremist narratives relating to coronavirus include:

§ Antisemitic conspiracy theories blaming Jewish people for the spread of the virus or suggesting it's a 'Jewish plot'

§ Claims that British Muslims have flouted social distancing rules

§ Anti-Chinese hatred

§ Isis-inspired narratives about how coronavirus is a divine punishment for the 'sinful behaviours' of the west

§ Extreme right-wing conspiracies that society is collapsing and far-right groups can accelerate its end

Reading information like this can upset or worry your child unnecessarily. Fake news also helps create a culture of fear and uncertainty, with children trusting reputable news outlets less as a result of fake news.

If you're worried about your child's safety and/or wellbeing over the Easter break, email safeguarding@elizabethan.notts.sch.uk, our dedicated mail box, to contact a member of the safeguarding team

How can you help your child to spot fake news online?

Tell them to ask themselves:

§ What's the source? Is it a reputable news source, and are mainstream news outlets reporting it too?

§ When was it published? Check the date an article was published, as sometimes old stories are shared on social media.

This could be an accident, or it might be to make it look like something happened recently

§ Have you seen anything similar elsewhere? What happens if you search for it on Google or check it using a fact-checking website like Full Fact?

§ Do the pictures look real? Images might have been edited. They might also be unrelated images that have been used with the story

§ Why might this have been created? Could someone be trying to provoke a specific reaction, change your beliefs, or get you to click a link?

Encourage them to read beyond the headline too. Many people share stories having just read the headline, then discover the actual story is quite different.

Point them to the government's SHARE checklist (<https://sharechecklist.gov.uk/>) and advice from Childline (<https://bit.ly/3oYfsgd>) too.

What signs of radicalisation should you be alert to?

It's worth knowing what signs to be alert to, just in case. If you do see these signs, it doesn't necessarily mean your child is being radicalised – it could be nothing at all, or it could be a sign that something else is wrong.

§ becoming more isolated from friends and family

§ not being willing or able to talk about their views

§ becoming more angry

§ talking as if from a script

§ a sudden disrespectful attitude towards others

being more secretive, especially about their internet use

WELLBEING

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As part of our wellbeing for this term, we would like to direct you to Action For Happiness. Action For Happiness do a monthly wellbeing calendar which we think could benefit our students massively! To kick-start, here's April...

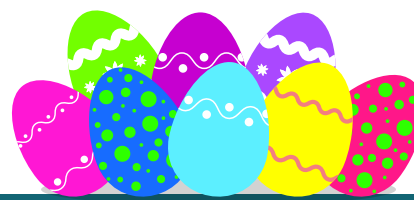


Link Below:
[Active April / Action for Happiness](#)

Life is happier
when we get
outside, move
more & stay active



GALLERY



The Easter Tree of Gratitude that Mrs Masons' Mindfulness Enrichment group made. They learned about how expressing gratitude has many mental and physical benefits. Studies have shown that feeling thankful can improve sleep, mood and immunity.

Gratitude is a positive emotion that we can focus on in mindfulness. It makes us pause to notice and appreciate the things we have that we often take for granted...

Mr
Mounsey
& Mrs
Goat! 🤔

