

# THE ELIZABETHAN ACADEMY

## Spring Term 1 Highlights 2026



Facebook: The Elizabethan Academy

Instagram: @theelizabethanacademy

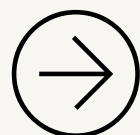
X: @elizabethanac

TikTok: @theelizabethanacademy

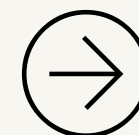
Please take a look at the [Community](#) section of our website for more information about training, support and other resources available in our community.



[Sixth Form](#)



[Our Website](#)



[Prospectus](#)

# Message from our Principal

As we reach the half-term break, I want to take a moment to celebrate the many students who make our school such a fantastic place to be, especially those who quietly and consistently do the right thing every single day. These are the young people who show our values of Respect, Responsibility and Resilience in everything they do.

A particular well done goes to the students who regularly top our rewards leaderboard and join me for breakfast on Monday mornings. Their attitude, commitment and positivity set the tone for the whole week, and it is always a real pleasure to spend that time with them.

I would also like to recognise the tremendous hard work going into preparation for the mock exams. Many of our students have shown incredible resilience, attending sessions, revising diligently, and taking ownership of their progress. A special mention, too, for everyone who came along to Locked In, our revision festival, your enthusiasm and determination were wonderful to see.

After the break, I know our students will continue to work hard and give their best in the remaining mock exams. I wish them every success as they push forward. I also want to send my best wishes to Year 10 as they begin planning for their work experience placements, an exciting milestone and a valuable opportunity to apply their skills in the wider world.

But for now, I hope all our students and families enjoy a well-deserved half-term. Take time to rest, recharge and look after yourselves... but do keep the revision ticking over!

Thank you, as always, for your support.

Tom Crowther  
Principal



# Key Dates & Information



## Parents Evening Dates

- Wednesday 4<sup>th</sup> March - Year 7 Parents Evening

## Events

- Wednesday 18<sup>th</sup> - Saturday 21<sup>st</sup> February - Iceland Trip
- Monday 23<sup>rd</sup> - Friday 27<sup>th</sup> February - Y11 & Y13 Mocks
- Monday 2<sup>nd</sup> March - BTEC PE Component 2 Filming Day
- Monday 2<sup>nd</sup> March - Y9 DTP/ACWY Immunisation
- Tuesday 3<sup>rd</sup> March - Food GCSE Practical Exam
- Thursday 5<sup>th</sup> & Friday 6<sup>th</sup> March - Food GCSE Practical Exam
- Wednesday 11<sup>th</sup> - Sunday 15<sup>th</sup> March - School Production KS4 & 5
- Tuesday 17<sup>th</sup> March - Art GCSE Mock Exam
- Thursday 19<sup>th</sup> March - Art A Level Mock Exam

# Feedback Evaluation



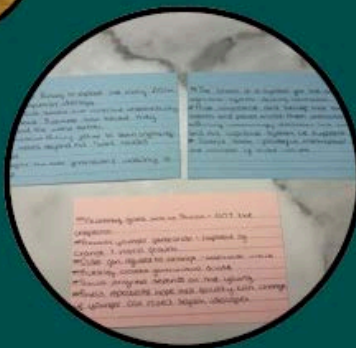
We asked parents / students who attended the revision festival to provide us feedback of the event...

Overall, how satisfied are you with the event?



What did you like most about the event?  
*Amazing choice revision options - student*

What did you like most about the event?  
*The support that is offered by school, and varied techniques used to support revision. -Parent*



What did you like most about the event?  
*Variety of techniques and examples of how I can revise - student*

Were your expectations of the event met?

Parents

Students

63% *Beyond My Expectations*  
38% *Met As Expected*  
0% *Below My Expectations*

50% *Beyond My Expectations*  
50% *Met As Expected*  
0% *Below My Expectations*

## Thank You for Joining Our 'Locking In' Revision Festival!

We would like to extend a heartfelt thank you to all the parents and students who attended our recent Locking In Revision Festival. Your energy, engagement, and commitment to supporting effective revision made the event a real success.

Your feedback helps us continue to refine the support we offer, ensuring every student feels confident and equipped as they move into this crucial stage of the year.

With mock exams approaching and external exams on the horizon this summer, we want to remind all our students just how important consistent, purposeful revision is. The strategies explored at the festival are designed to help you work smarter, not harder, and we encourage you to keep applying them over the coming weeks.

To our parents and carers — thank you for the encouragement you provide at home. Your involvement makes a significant difference, and we greatly appreciate your continued partnership. Let's keep the momentum going. Together, we can ensure every student is truly locked in for success.



attendance@elizabethan.notts.sch.uk

# Attendance *Matters*



## Arrivals after 9.10am

Without a valid reason, this will be recorded as an unauthorised absence for the morning.

**10 or more unauthorised absences can lead to a fine!**

We really appreciate your efforts in getting children to school on time – it makes a big difference to their learning and wellbeing.

Just a quick reminder that, **in line with Department for Education legislation, if a child arrives after the register closes at 9:10am, this is recorded as an unauthorised absence for the morning session.**

Please note that 10 or more unauthorised sessions may lead to a penalty notice being issued. We know mornings can be busy, so thank you for working with us to ensure every child gets the best start to their day. If you're experiencing any difficulties with punctuality, please reach out – we're here to help.

THE  
ELIZABETHAN  
ACADEMY



We are hiring

Midday Supervisors



☀️ We're Hiring! Join Our Midday Supervisor Team ☀️

We're looking to expand our fantastic team of Midday Supervisors who help keep lunchtimes safe, positive and fun for our students.

If you're friendly, reliable, and enjoy working with children, we'd love to hear from you!

Find out more and apply here: <https://shorturl.at/YFxOv>

Please share with anyone who may be interested!



# Free School Meals Information

We would like to remind parents about the Free School Meal (FSM) allowance and how it works. You can find information on eligibility and the application process on the [Nottinghamshire County Councils website](#).

Each child entitled to FSM receives an allowance of £2.61 per day. This allowance can now be used at break time too.

**Breaktime Purchases** - If a student uses their allowance during break, they will not be able to access a meal deal at lunchtime. The lunchtime meal deal is better value for money and is more nutritious so we would recommend using the allowance at this time. They can choose individual items up to the value of £2.61. If they exceed this amount and have their own funds, the extra cost will be deducted from their account.

**Meal Deals (£2.60)** : Currently, students can choose from:

- Sandwich Meal: Sandwich, biscuit, and large water (or swap biscuit and large water for crisps and small water)
- Main Meal Deal: Meal of the day (rotating on a 3-week cycle) with pudding and custard (or swap for cookie or flapjack)
- Jacket Potato Meal: Jacket potato with two fillings (e.g., cheese and beans) and a milkshake
- Pizza Meal Deal: Plain pizza, splash-flavoured water, and cookie or flapjack



**Breakfast Club** - All students entitled to free school meals are welcome to attend Breakfast Club from 8:00–8:35 am, where they can choose one item such as croissant, pain au chocolate, waffle, sausage in a bun, bacon sandwich, yogurt, fruit, or toast free of charge. The costs will be covered by the academy.

New menus will be introduced soon, so watch this space for updates!



Click on the book to view



# our Prospectus

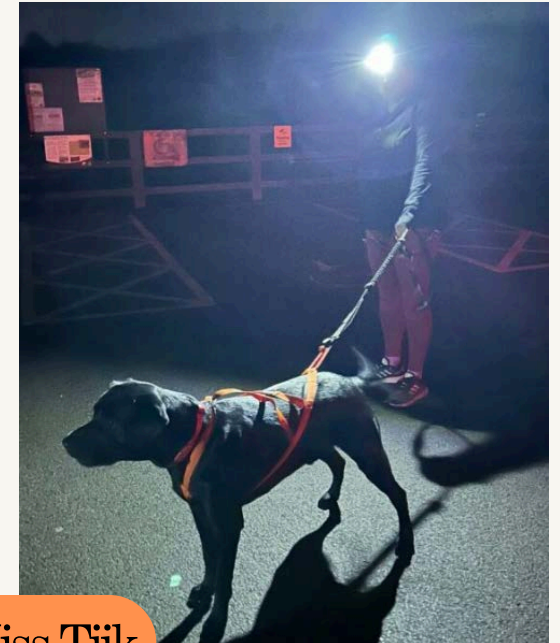
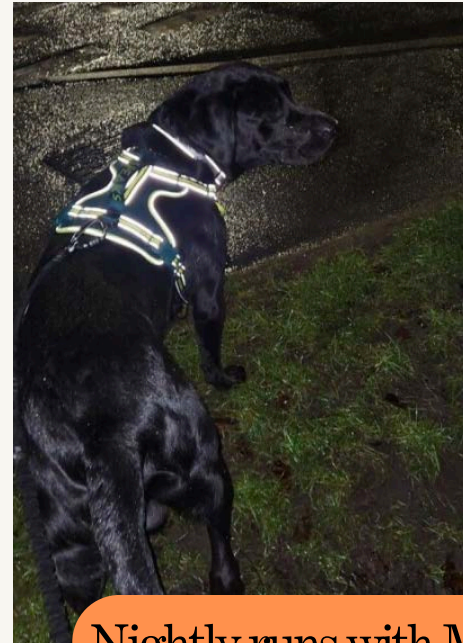
The Elizabethan Academy logo is displayed in the center, featuring a shield with a large 'E' in the top left, a lion rampant in the top right, a lion rampant in the bottom left, and a large 'A' in the bottom right. Below the shield is a banner with the Latin motto 'FINIS COR ONAT OPUS'. To the right of the logo is the text 'THE ELIZABETHAN ACADEMY' in blue and gold, with the school crest below it. Below the logo and text is a collage of four images: a girl in a school uniform sitting at a desk, a girl in a school uniform working in a science lab, a boy in a school uniform playing soccer on a field, and a boy in a school uniform reading a book in a library.

We also have a variety of other useful information on our website.

# The Adventures of Bertie



## Office Visits ...



Nightly runs with Miss Tiik



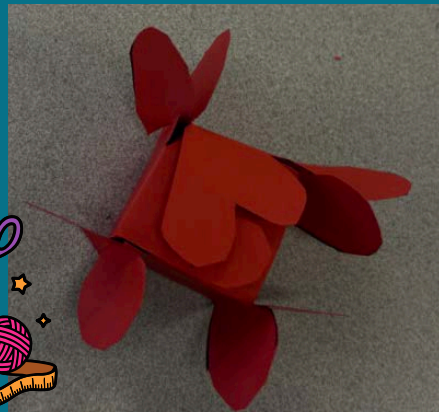
Snow Days!



Reading with Bertie



# Enrichment

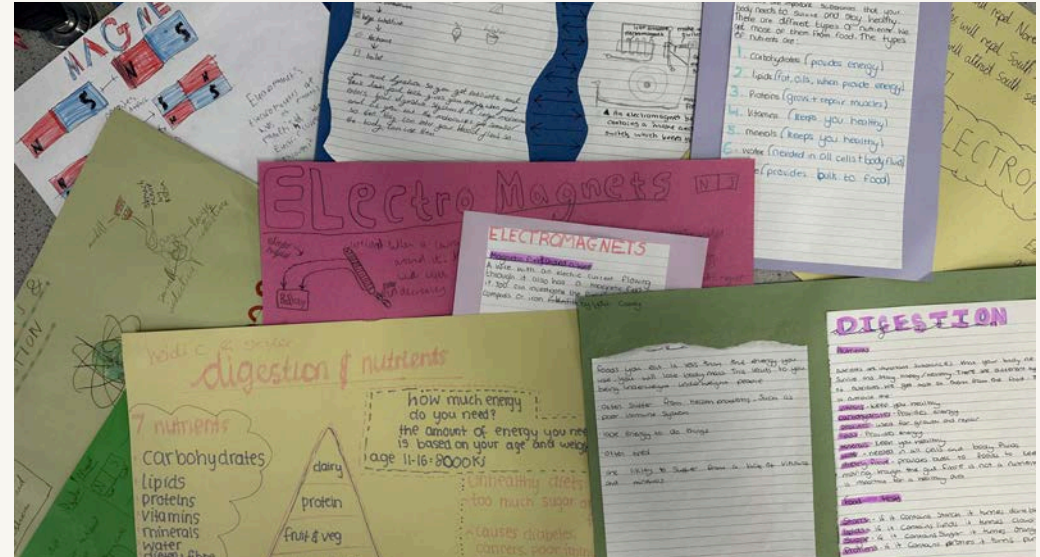
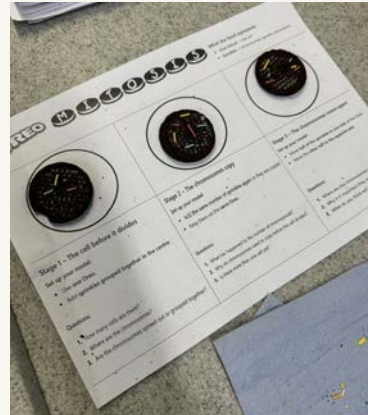




# #ExcelAtElizabethan



Students have been involved in some amazing initiatives this term, and produced some exceptional work in lessons and for independent homework



# #WorkOfTheWeek



# Cadets

I'm always inspired by the resilience, commitment and enthusiasm of our cadets. This year has been packed with activities that brought out the very best in them.

In early 2025, cadets made strong progress in fieldcraft, rifle training, navigation and first aid. Excitement built ahead of their first major charity challenge in May, when they pulled a field gun for 24 hours at Chetwynd Barracks — covering 82.4km, completing 80 laps and raising an impressive £851 for the Royal British Legion. They organised their own rotations, cooked their rations and demonstrated real teamwork. Just days later, eligible cadets attended a CEP shoot at Beckingham Ranges, where every student earned their rifle badge. Our junior cadets enjoyed climbing, canoeing and caving at Mill Adventure Base in June, while our senior cadets had a demanding but rewarding week at Annual Camp in Warcop, tackling everything from abseiling and command tasks to first aid and fieldcraft, finishing with a 24-hour exercise and attack scenario.

Congratulations to Cadet Staff Sergeant Austin Gilchrist-Thomas and Cadet Corporal Thomas Kay for completing the SCIC in October. In November, cadets supported the Harworth Remembrance service and our senior cadets undertook further weapons training and marksmanship activities at Worksop College.



After the summer break, training resumed with enthusiasm. Before Christmas, our junior cadets visited the Royal Lancers Museum at Thoresby Park, where they explored the regiment's history and handled historical weaponry.

Most recently, our Year 10 and 11 cadets successfully completed their Weapon Handling Test on the GP rifle — a demanding assessment that requires real discipline, strength and determination.

Looking ahead to 2026, we have an exciting programme planned: a two-day junior field exercise, rifle ranges, Duke of Edinburgh expeditions, and Annual Camp at Beckingham in July. - **Mr Alexander - Careers Advisor**

# Year 10 Work Experience

Monday 29<sup>th</sup> June 2026 - Friday 3<sup>rd</sup> July 2026

We are really pleased to have recently launched the Year 10 Work experience 2026 Programme. All students, parents and carers have been emailed a copy of each relevant form;

Form 1

Form 2

Form 3

Form 1 (green copy) - to be completed by student and signed by parent / carer, and handed into Miss Robinson at the Main Office  
Form 2 (green copy) - to be signed by the work placement provider and handed into Miss Robinson at the main office by student, alongside a copy of their employers and public liability insurance  
Form 3 (white copy) - to be handed into the work placement provider, on the first day of work experience

Deadline for all paperwork to be handed in is

Friday 15<sup>th</sup> May 2026

Please encourage your child to actively seek a potential work placement - and this week off during half term could be a brilliant opportunity to call about!

Miss Robinson has created a notice board which is located in the dome for all students to see - this has some potential work placements ideas / previous work placements used by previous students in case they are stuck on what to do. Furthermore Miss Robinson has a large database with all contacts of placement used in the last 2 years, please ask your child to pop to see her in the main office if they have any enquiries.



# Reward Point League



Every Monday we congratulate these students who have topped the reward point league table for showing an excellent attitude to learning - they join together for breakfast and a photo with Mr Crowther!

(and Miss Stocks!)



# Sixth Form

UCAS



## Year 12- Aspiration Day- Peterhouse Cambridge University.

Year 12 students took a trip to Peterhouse College, Cambridge where they found out more about the university, had the opportunity to take part in seminars run by the university lecturers, a Q&A session with current students before finishing the day with information on how to make a competitive application

We all had a fantastic and extremely informative day and are looking forwards to seeing some of those applications !

Now that we have officially passed our UCAS deadline, we are excited to announce that we have applications being processed for some fantastic courses at a wide range of universities across the country.

We have students applying to Plymouth, Lincoln, Liverpool, Glasgow, Sheffield, York, London and Manchester for courses in Journalism, Forensic Science, Law, Film, Fashion and many more !

We are extremely proud of our Year 13 students as they head into their PPE exams and continue to work towards the grades that will lead them to these fantastic opportunities !



SIXTH  
FORM

If you have not applied for your place at our Sixth Form yet then please speak to Mr Dainty

Our updated Course Directory is now available on the website to see what fantastic courses we have available.



# Sixth Form

## Work Experience

Mr Dainty launched Work Experience to Year 12 and introduced them to our new platform, UNIFROG. Students need to make sure that they are making phone calls and securing those places!

Work Experience will run in the week Monday 6th July to Friday 10<sup>th</sup> July and is a fantastic way to think about future career goals and bolster CV writing skills that other students might not have.



unifrog

## Faculty Stars

Congratulations to our outstanding Sixth Form students.

Their dedication, hard work, and commitment to excellence have truly shone through this term.

Whether its their exceptional work ethic, passion for learning, or perseverance through challenges, these students have set a remarkable example “

Daniel Towndrow, Grace Holtom, Roman Duff, Bobbi Ashmore, Daisy Appleton, Carla Tisi

Well done!

## Year 12 Psychology



Miss Tiik says well done to her Year 12 Psychologists for their enthusiasm during their revision lesson in preparation for their assessment on biopsychology.

Photos are student's modelling shower caps whilst their peers' identified parts of the brain and explained their function

## Year 13 PPE Exams

Our Year 13 students have just started on a Timetable of PPE exams which will continue after the Half Term break

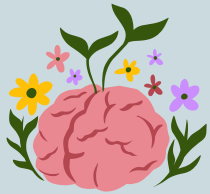
We wish them the best of luck and are looking forwards to seeing all the hard work paying off!

## Upcoming events

We have a lot of exciting events coming up in the next few months which we are looking forwards to!

These events include The UK University and Apprenticeship Fair in March and some masterclasses delivered in school to our Yr 12 students from Sheffield Hallam University.





# MHST and The Elizabethan

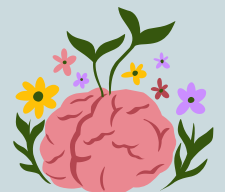
We continue to work with the Nottinghamshire MHST service, below is a link to the Notts MHST webpage where you can find information on the service and resources to support you and your young person.

<https://www.nottinghamshirehealthcare.nhs.uk/mhst-resources>

You can follow this link to find out more about what MHST do:

<https://www.youtube.com/watch?v=8wwVBJFPDH4>

You can scan this QR code or follow this link to make a parental referral or speak to a member of the Year Team to make the referral.



# Hardwick Honours

We are really keen to recognise, acknowledge and reward any Hardwick students, where they have made an outstanding achievement and/or contribution to their house and in doing so, have demonstrated one, two or all of the three 'R's' of 'Respect', 'Responsibility' and 'Resilience' and our House motto 'Through difficulty to greatness'.

Examples of this could be related to sporting achievements, voluntary work, acts of kindness, dedication and commitment to a subject.

If you would like to make a nomination, please complete the online form by clicking on the link below.

Link to online form: <https://forms.office.com/e/AN1pFZgBYV>



HARDWICK HONOURS

# Contact & Socials

[www.elizabethan.notts.sch.uk](http://www.elizabethan.notts.sch.uk)

[office@elizabethan.notts.sch.uk](mailto:office@elizabethan.notts.sch.uk)

01777 713700



The Elizabethan Academy



@theelizabethanacademy

And don't forget...



@booksandbertie



# Safeguarding *Matters*

Children's Mental Health Week 9 – 15 February

The official theme for Children's Mental Health Week 2026 is "This is My Place"



Our sense of belonging as individuals, in our friendships, in school, and in communities plays a vital role in our mental health and wellbeing.

To know our place and really feel part of our environment is a basic human need. It can have powerful and long-lasting impacts in lots of areas of our lives, including our physical and mental health, education, employment and relationships. When we feel that we belong, it empowers us to contribute to the world and make a real difference.

This year, Place2Be's Children's Mental Health Week is encouraging peers, families, schools and communities to create inclusive and nurturing environments, where children and young people feel they belong and can say "This is My Place".

Further information and resources can be found on their website <https://www.childrensmentalhealthweek.org.uk/families/>

We are supporting a number of students with the following mental health difficulties so are sharing some common indicators with you to look out for in your children and how best to support and intervene at home.

**Anxiety ...** all children (and adults) feel anxious sometimes, this is normal. Anxiety becomes a problem when it gets in the way of everyday life and affects a child's thoughts and behaviour daily. A child might feel anxious about specific things, like social situations or going out. Or they might feel anxious about things in general, and the future

## What should you look out for in your children? Common behaviours are ...

- Trying to avoid situations that make them anxious
- Worrying a lot and not being able to stop
- Seeking reassurance
- Aggression
- Behaviour concerns
- Disengagement with learning
- Physical signs (e.g. headaches, sweating)
- Panic attacks
- Difficulty eating

## How can you support?

- Normalise the anxiety
- Praise your child for talking to you about it
- Help them test out their fears
- Encourage them to try breathing and relaxation exercises

Remember: we're all different, and what works for one of us might not work for another

## If your child is having a panic attack ...

- Move them to a quiet space
- Use an open, warm tone of voice
- Encourage slow, relaxed breathing
- Listen and don't judge
- Reassure – explain that it's a panic attack and will soon stop

# Safeguarding *Matters*



**Depression and low mood ...** everyone has bad days sometimes, but if it goes on for longer, it could be a low mood. If it goes on for more than 2 weeks and starts to get in the way of day-to-day life, it could be depression.

**What should you look out for?** Look for a change in mood compared to normal, which goes on for more than a few days.

You might spot this through a child:

- Seeming persistently sad or angry, or easily becoming tearful
- Being irritable
- Losing interest in things they used to enjoy
- Being withdrawn or isolating themselves
- Being tired or not having any energy
- Feeling hopeless or worthless
- Talking about suicide or self-harm, or self-harming

- **How can you support? Talk to your child ...**

- Ask them how they are. They might be reluctant to share their feelings at first. If this happens, ask a more general question as a distraction, or agree to talk another time
- Express concern, but make sure the child doesn't feel judged
- Help them think of things they can do to cope, for example:
  - Trying to focus on the here and now if they feel overwhelmed
  - Taking a break to listen to music, go for a walk or chat to family or friends
  - Taking deep breaths
  - Limiting screen-time and time on social media
  - Doing a random act of kindness
  - Starting the day off well with a glass of water, a shower or washing their face, and having breakfast
  - Exercising, like going for a run or a walk
  - Staying in touch with friends
  - Writing down how they feel in a diary/journal
  - Painting or drawing
  - Following a healthy, regular sleeping schedule
  - Eating healthy food and a balanced diet

# Safeguarding *Matters*



**Self-harm ...** Self-harm means injuring yourself deliberately. It's most often associated with self-cutting, but can also involve burning, hair pulling, head banging, biting or substance abuse.

**Why do children do it?** Each child will be different, but a child may self-harm:

- To deal with difficult emotions
- As an escape from abuse
- To communicate distress in a non-verbal way
- To try and relieve feelings of numbness, anger or aggression – this physical pain can distract from emotional pain
- To try and gain a sense of control
- To punish themselves for feelings or behaviours they think are their fault, or because they have a negative self-image
- To identify with a peer group

**What should you look out for?**

- Unexplained cuts, burns or bruises that may appear too neat or ordered to be accidental, or do not appear consistent with how the young person says they were sustained
- Keeping themselves covered or wearing loose or baggy clothing. They might avoid swimming or changing their clothes around others
- Changes in behaviour or mood, such as:
- Becoming withdrawn or isolated from friends and family
- Having a low mood, losing interest in daily life or things they usually enjoy
- Blaming themselves for problems or expressing strong feelings of hopelessness, worthlessness, sadness and/or guilt and shame
- Becoming more agitated
- Using drugs or alcohol to help them cope when they're struggling these can intensify thoughts, feelings and impulsive decision-making

**How can you support?**

- Ask them indirectly about what you've noticed, and show concern (e.g. "I noticed some marks on your arm the other day and I felt worried for you")
- Listen to them and show concern: use your body language and voice to do this and show empathy. Respond calmly, and don't express judgement or tell them to just "stop it"
- Help them find other ways to cope and avoid self-harming
- Check out sources of support, such as [SelfHarmUK](#) or the [Shout Textline](#)

# Safeguarding *Matters*



In school we can refer to the Mental Health Support Team or for counselling if you feel your child needs some specialist support to overcome these difficulties. Please reach out to Form Tutors or Year Leaders who will determine and seek out the right support.

## Helpful links for parents and carers

- **SANE**
- Emotional support, information and guidance for people affected by mental illness, their families and carers
- [www.sane.org.uk/textcare](http://www.sane.org.uk/textcare)
- **YOUNGMINDS**
- Advice, support and signposting about a child or young person.
- [www.youngminds.org.uk](http://www.youngminds.org.uk) or 0808 802 5544

## Helpful links for young people

- **MIND**
- Information and signposting for mental health, treatment options and advocacy services
- [www.mind.org.uk](http://www.mind.org.uk) or **0300 123 3393**
- **OTHER ADVICE HOTLINES;**
- SHOUT - Text 'SHOUT' to 85258
- PAPYRUS – 0800 068 4141
- ChildLine – 0800 1111
- KOOOTH.COM

- Ask Us Nottinghamshire – **0800 121 7772** <https://askusnotts.org.uk/about> - This is local Information and Advice Support Service (IASS) for Nottingham and Nottinghamshire for complex issues, including education, EHCPs and health and social care issues.
- Notts Help Yourself [Nottshelpyourself](http://Nottshelpyourself) | [SEND Local Offer](http://SEND Local Offer) - this is a site for advice, information with local services available in Nottinghamshire. This includes support for children and young people aged 0 – 25 with a special educational need and/or a disability.
- **Asklion.co.uk** is the local offer for Nottingham City. ([www.asklion.co.uk](http://www.asklion.co.uk) )



Helpful Apps:

# Safeguarding *Matters*

To support parents/carers and students reporting any safeguarding or wellbeing concerns to school, including bullying and other unacceptable, risky behaviours we have created an online form that will alert us via our safeguarding software. Click on the link <https://form.thesafeguardingcompany.com/f290d817-1fbc-4026-961b-73878652c317> to be taken to a report template that looks like the picture on the right...

... complete the 2 sections and press submit. The information will be shared with our designated safeguarding team who will intervene and support.

Alternatively you can continue to flag concerns via the [safeguarding@elizabethan.notts.sch.uk](mailto:safeguarding@elizabethan.notts.sch.uk) dedicated mailbox

The screenshot shows a web form titled "Safeguarding Concerns". Below the title is a paragraph explaining that the form is for reporting concerns to the Safeguarding Team. The form is divided into sections: a "Required" section with a "Concern Date/Time\*" field containing "12/2/2025 22:23" and a calendar icon; a "Details\*" section with a text area for recording relevant information; and a "Your details (Name / Phone number / Email address)\*" section with another text area. A purple "Submit" button is located at the bottom.

Safeguarding Concerns

This form enables students, parents and carers to report safeguarding concerns at any time, so they can be assessed by the Safeguarding Team, triggering the necessary support.

\*Required

Concern Date/Time\*  
When did you become aware of the concern?  
12/2/2025 22:23 📅





















Details\*  
Record all the information you have which might be relevant

Your details (Name / Phone number / Email address)\*

Submit

# Safeguarding Matters

## Sources of support for children, young people and their families

<p><b>Cruse Bereavement</b> Bereavement counselling service.</p> <p> <a href="https://www.cruse.org.uk">https://www.cruse.org.uk</a></p>	<p><b>NHS 111</b> Health advice from healthcare professionals.</p> <p> <a href="http://111.nhs.uk">111.nhs.uk</a></p> <p>Go to <a href="http://111.nhs.uk">111.nhs.uk</a> or dial 111 anytime.</p>	<p><b>Childline</b> Get help and advice about a wide range of issues.</p> <p> Call 0800 1111 or go to <a href="http://www.childline.org.uk">www.childline.org.uk</a></p>	<p><b>Fearless</b> 'Crimestoppers' for young people aged 11-16 years.</p> <p> Call 0800 555 111 or go to <a href="http://www.fearless.org">www.fearless.org</a></p>
<p><b>Base 51</b> Nottingham-based face to face counselling and drop-in service.</p> <p> <a href="http://www.base51.org">www.base51.org</a></p>	<p><b>Papyrus</b> Support for people experiencing suicidal thoughts.</p> <p> Call 0800 0684141 or go to <a href="http://www.papyrus-uk.org">www.papyrus-uk.org</a></p>	<p><b>Harmless</b> Provides support, information, training and consultancy about self-harm to individuals who self-harm, their friends, families and professionals.</p> <p> <a href="https://harmless.org.uk">https://harmless.org.uk</a></p>	<p><b>CEOP</b> Protect children and young people from online sexual abuse.</p> <p> <a href="https://www.ceop.police.uk/Safety-Centre/">https://www.ceop.police.uk/Safety-Centre/</a></p>
<p><b>Chat Health</b> Confidential text service for young people aged 11-19 to ask for help about a range of issues.</p> <p> <a href="https://chathealth.nhs.uk">https://chathealth.nhs.uk</a></p>	<p><b>Kooth</b> Online mental health support for young people.</p> <p> <a href="https://www.kooth.com">https://www.kooth.com</a></p>	<p><b>NHS Crisis Line</b> Call the NHS Crisis Line on 0808 196 3779 or dial 111 and select option 2. Available 24/7 to people of all ages.</p> <p> Nottinghamshire Healthcare NHS Foundation Trust</p>	<p><b>Young Minds</b> Mental health support for children and young people and their parents/ carers.</p> <p> <a href="http://www.youngminds.org.uk">www.youngminds.org.uk</a></p>
<p><b>Nott Alone</b> Local mental health advice and help for people &lt;25 in Nottinghamshire.</p> <p> <a href="https://nottalone.org.uk">https://nottalone.org.uk</a></p>	<p><b>NSPCC</b> Children's charity specialising in child protection and the prevention of child abuse.</p> <p> <a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a></p>	<p><b>Samaritans</b> Whatever you're going through, a Samaritan will face it with you.</p> <p> Call free on 116 123 or go to <a href="http://www.samaritans.org">www.samaritans.org</a></p>	<p><b>Shout</b> Free, confidential, 24/7 text messaging support service.</p> <p> Text 'SHOUT' to 85258 or go to <a href="https://giveusashout.org">https://giveusashout.org</a></p>
<p><b>Be U Support</b> Free early mental health and emotional wellbeing support service for children and young people in Nottinghamshire.</p> <p> <a href="http://www.beusupport.co.uk">www.beusupport.co.uk</a></p>	<p><b>Change Grow Live</b> Drug and alcohol support for people and their families.</p> <p> <a href="https://www.changegrowlive.org">https://www.changegrowlive.org</a></p>	<p><b>Beat Eating Disorders</b> Support for eating disorders.</p> <p> Go to <a href="http://www.beat.co.uk/">http://www.beat.co.uk/</a> or call 0808 801 0711 (Youth) or 0808 801 0677 (Adults)</p>	<p><b>Notts LGBT+ Network</b> Information and support for LGBT+ people.</p> <p> Go to <a href="https://www.nottslgbt.com">https://www.nottslgbt.com</a>, call 0115 934 8485 or text 07481 344040</p>

Get ready to join the

# Rebel Rangers

## Discover Rebels, Rogues and Remarkable Tales Near You

Get ready to explore forests, forts, ruins, and mysterious carvings as you join the Rebel Rangers on a mission to uncover the secrets of the past. From brave rule-breakers to hidden heroes and outspoken challengers of their time – there's a story waiting at every stop!

Pick up your Rebel Rangers passport from your official starter pack, follow the trail map, and complete fun challenges at each location. Collect badges, snap photos, and solve riddles along the way.

**Complete the trail to be in with a chance to win amazing prizes, including a £1,000 gift voucher at Center Parcs!**

### What's Included in the Starter Pack?

#### Your free starter pack includes:

- A Rebel Rangers Passport and stickers
- Drawstring backpack
- Colouring and activity sheets
- Rebel pencil, keyring, and more!

Starter packs available from all Rebel Rangers locations from Friday 13 February until Sunday 19 April 2026!

Take part at



[www.rebelrangers.com](http://www.rebelrangers.com)



# WIN

## A £1,000

## Center Parcs Voucher!

Complete the trail and enter the prize draw to be in with a chance of winning our Gold prize, as well as a host of supporting prizes including:

- A £1,000 Center Parcs voucher
- Go Ape gift card
- Saturday tickets to Gloworm Festival
- Entry to Sundown Adventureland
- Family entry to Willow Tree Farm
- Family entry to Gulliver's Kingdom
- Local retail gift cards
- Adventure play entry
- Family annual English Heritage membership
- Freestyle trampoline parks & soft play
- Bonkers illumination golf
- Outdoor adventure cinema tickets
- Book vouchers

**FREE activity starter packs available from 13 February from all Rebel Rangers stops whilst stocks last!**



# HALF-TERM HUB

Calling 11-25 year olds in  
Bassetlaw!

Come drop by at our Half-  
Term Hub on Wednesday  
18<sup>th</sup> February 2026 11am-  
2pm!



Plenty of arts &  
crafts to get  
creative with!



A safe space to come  
play board games  
and the Wii!



Free  
sandwiches  
and snacks!



Access to information & support around  
technology:

- Mental Health Apps
- Digital Safety
- Accessing NHS App
- And so much more!

**Held at:**  
**The Centre Place**  
**Abbey Street Community Centre**  
**Abbey Street**  
**Worksop**  
**S80 2LA**



## Are you looking for financial or wellbeing support?

We are here to support young people and their parents with help and advice on a wide range of topics

### Benefit Calculation Drop-in Sessions

No appointment necessary!

Drop into our Worksop office between **9:30am-2:30pm** **on the last Thursday of every month** and find out whether there are benefits you may be entitled to.






Citizens Advice North Nottinghamshire  
100 - 102 Bridge Street  
Worksop  
S80 1HZ

 0300 561 2800


 [advice@canns.org.uk](mailto:advice@canns.org.uk)


 [www.canns.org.uk](http://www.canns.org.uk)

 **North Nottinghamshire**

-  Benefit eligibility checks
-  Wellbeing Support
-  Debt Advice
-  Energy bills
-  Private Housing Assistance

 No appointment needed - just drop in!

 Thursday 5<sup>th</sup> March 2026  
9:00am - 4:00pm

 The Crossing Church  
Newcastle Street  
Worksop  
S80 2AT

 **North Nottinghamshire**

