

Dear Parents/Carers

Once again, I hope you and your families are remaining healthy and safe. Health does of course mean mental as well as physical health and we are very aware at The Elizabethan of the toll this pandemic has had on the mental health of both students, parents and staff. We are doing everything possible to support on this and staff in school are currently completing a mental health training course. There is further information in this Bulletin on where you can access further support within the academy or through outside agencies. This week, we have been testing out the zones and “bubbles” which are already operating in school, but will be developed further as more Year 10 students come into the building next week. We have a risk assessment in place, which has been shared with parents, staff, governors and we have consulted widely with the unions. This risk assessment is reviewed daily with the Vice Principal, CFOO and myself to ensure all arrangements are in place to keep our students and staff safe.

Unfortunately, it seems most students are unlikely now to be back in school before September, so it is vital that you continue to work with us to support your son/daughter's education. We continue to offer a mix of live lessons and work set online, in addition to the written work which is being delivered where necessary. Please do contact us if you need further support with home schooling.

I do hope you are all finding it easier now restrictions are being relaxed slightly, but no doubt like all of us in school, ensuring we follow the government guidance to help keep everyone safe.

Best wishes

Mrs C Horrocks
Principal

Safeguarding

There is a useful information sheet on Microsoft Teams, produced by the National Online Safety group as part of their #WakeUpWednesday strategy, that offers some useful hints and tips about this platform given that we are using this as our virtual classroom.

Microsoft Teams, or simply 'Teams', is a platform that allows for collaborative working, either as students or as professionals, using communication capabilities through audio, video and instant messaging. The software is available both online through a web browser and to download from microsoft.com. Users can have 1:1 online meetings or set up live events to host up to 10,000 people. Groups can be set up to include only relevant users and almost all file-types can be uploaded and shared, from PDFs and Word documents to audio and video files.

NE RESTRICTION 13+

What parents need to know about MICROSOFT TEAMS

- DISCLOSING PERSONAL DETAILS:** Like any messaging service or social network, children can be targeted by others to share their personal details. A risk to the middle-aged child could occur when they provide personal information (anything from home address to their school name) to someone they don't know. Children could also be targeted by others to share their personal details and passwords. Personal information can lead to targeted advertising or even grooming activity.
- CYBERBULLYING:** The act of cyberbullying can be increased online when using chat, video or instant messaging. The ability for users to chat to each other is a key feature of Teams. Children could also be targeted by others to share their personal details and passwords. Personal information can lead to targeted advertising or even grooming activity.
- INAPPROPRIATE CHAT:** The ability to have private conversations in Teams can also mean that children are able to have private conversations and share their personal details and passwords. Children could also be targeted by others to share their personal details and passwords. Personal information can lead to targeted advertising or even grooming activity.
- HACKING RISK:** Teams, like any software application, may be vulnerable to hackers. If a child's account is hacked, the hacker could access the child's personal information and use it to target the child or other people.
- VIRUS INFECTION:** Teams and other harmful applications can be used to spread viruses and malware. If a child's account is hacked, the hacker could use it to spread viruses and malware to other people.
- LIVE STREAMING RISKS:** Microsoft Teams, like other software applications, may be vulnerable to hackers. If a child's account is hacked, the hacker could access the child's personal information and use it to target the child or other people.

National Online Safety #WakeUpWednesday

Safety Tips for Parents & Carers

- BLOCK USERS:** If your child is receiving inappropriate messages or being harassed or abused on Teams, they can block the user. This will prevent the user from sending them any more messages or seeing their profile picture. You can also block contacts who have shared their contact information with you. You can also block contacts who have shared their contact information with you.
- PROTECT PERSONAL INFO:** It's a good idea to talk to your child about the risks of sharing personal information online and to make sure they only share information that they need to. It's also a good idea to make sure they only share information that they need to.
- ENABLE BACKGROUND BLUR:** To help protect your privacy during a video call, you can enable background blur. This will blur the background of your video call. You can also enable background blur for other people's video calls.
- UPDATE COMPUTER SECURITY:** It's important to ensure you perform regular computer and software updates. Updates help to protect your computer and software from security threats. Updates help to protect your computer and software from security threats.
- TALK ABOUT RISKS:** As a parent, talking to your child and making them aware of the risks of using Teams and other online services is important. It's also a good idea to make sure they only share information that they need to.
- AVOID VIDEO/AUDIO:** It's always a good idea to turn-off your audio and video during a video call when you're not speaking. This will help to protect your privacy and prevent others from hearing you. It's also a good idea to make sure you only share information that you need to.

Meet our expert
Emma Davis is a cyber security expert and former IT teacher. She delivers cyber awareness training to organisations nationally and has extensive knowledge and experience of managing how children access services and apps online.

www.nationalonlinesafety.com Twitter - @nationalonlinesafety Facebook - /NationalOnlineSafety Instagram - @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 10.06.2020

The NHS website has an enormous amount of information across many themes that you may find useful in those particularly stressful and anxious times at home during school closure ... teenagers can challenge even the calmest of parents and it doesn't make your responsibility of guiding them through these difficult times an easy situation.

Family Lives is a charity dedicated to helping families and offers the following advice:

- make sure you set aside time for yourself
- give yourself permission to relax or even treat yourself occasionally
- talk about your concerns to your partner or friends, or join a support group or forum
- learn techniques for coping with low mood sadness and depression or anxiety
- further support and guidance can be found here <https://www.familylives.org.uk/>

Please remember we are here to support you as well as our children and we are only an email away. You can contact your child's Head of House or use the dedicated email account safeguarding@elizabethan.notts.sch.uk

SEND

Lots of our SEND students are engaging really well with the learning that is set for them, either through Google classrooms, online Teams lessons or paper based work. However, if your child is struggling to access any of their work please encourage them to join the online Team sessions that are available to all of our SEND students with Learning Support staff, and is tailored to specific year groups. There they will be able to discuss work, clarify understanding and have face-to-face interaction with their peers and members of staff. Students that are involved in these weekly sessions are finding them both enjoyable and valuable.

The East Midlands Educational Psychology service are constantly updating their information and resources at the moment. The link will take you through to a range of Covid related resources, including Social Stories around social distancing, support for adults and a range of Little Elf resources that are written specifically for Covid-19 and may be useful if you have younger children as well. <http://em-edsupport.org.uk/Page/7730/>

Year 8 options

As mentioned last week – Year 8 options phone calls will be continuing this week with the aim that they will all be completed by Friday 12th June. If you would like more in-depth details on any of the subjects please refer to the options booklet which can be downloaded from the guided learning section of the school website.

<https://www.elizabethan.notts.sch.uk/page/?title=Guided+Options&pid=40>

Online Live Lessons and remote learning

As mentioned in a previous Parent Bulletin we are now in a position to increase the number of live lessons (in particular for those students in Years 7 and 8) and your child should receive an increasing number of invites via email from their teachers to join classes at points during the week. Please support us in helping them access the live lessons through Microsoft Teams app either on a laptop, tablet or mobile phone.

Below highlights some of the *additional* sessions we are now running for Year 7 and 8 students over the coming weeks to complement the work set by staff.

SUBJECT	YEAR GROUP	DAY	TIME
English	7	Wednesday	12.15pm & 12.45pm
English	8	Thursday	2.15pm & 2.45pm
Mathematics	7	Monday	11.15am
Mathematics	7	Wednesday	10.00am
Mathematics	8	Tuesday	2.00pm
Science	7R	Monday	2.00pm

Elizabethan Academy

Weekly Bulletin

Friday
12 June 2020

Science	7Q	Wednesday	12.00pm
Science	7R	Thursday	12.00pm
Science	7Q	Friday	11.00am
Science	8R	Tuesday	9.00am
Science	8Q	Wednesday	10.00am
Spanish	7	Wednesday	10.00am
Spanish	8	Wednesday	12.30pm

We are also continuing to set work on Google Classroom and using other online websites to supplement their learning alongside these live lessons so if you could continue to talk with your children about the work they have been set this would help significantly.

We have been overwhelmed by the support and thanks our teachers have received over the past few months and we continue to do everything we can to support your children through this challenging time. We, as a school, would like to return the thanks to you as parents and carers who have been so understanding and patient whilst we continue to develop our online provision; it is greatly appreciated.

If you do have further general questions regarding online learning please do not hesitate in contacting Assistant Principal Lee Dainty dainty1@elizabethan.notts.sch.uk or for specific subject queries your child's class teacher.

Covid-19

Please ensure you are following government and public health advice on social distancing.

- **Guidance on Staying at Home:**
<https://www.gov.uk/government/publications/full-guidance-on-staying-at-home-and-away-from-others>
- **Guidance on Social Distancing:**
<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>
- **Guidance on Vulnerable Children and Young People:**
<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-vulnerable-children-and-young-people>
- **Guidance on Isolation for Residential Education Settings:**
<https://www.gov.uk/government/publications/coronavirus-covid-19-guidance-on-isolation-for-residential-educational-settings>
- **Guidance for Schools about Temporarily Closing:**
<https://www.gov.uk/government/publications/covid-19-school-closures>
- **Q&A for Parents and Carers (updated):** <https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>
- **Cancellation of GCSEs, AS and A levels in 2020 Q&A:**
<https://www.gov.uk/government/publications/coronavirus-covid-19-cancellation-of-gcses-as-and-a-levels-in-2020>
- **Free School Meals Guidance (updated):** <https://www.gov.uk/government/publications/covid-19-free-school-meals-guidance>