

Healthy Family Team 0 - 19 Public Health Nursing Service



Welcome to secondary school

We just wanted to say hello and introduce ourselves. We are your local Healthy Family team. It is our job to support you and your family with any health and wellbeing needs.

This is how we can support you:



Appointment Line

You can access free support from your local Healthy Family team through a range of appointment-based health sessions.

SCAN ME



ChatHealth

This is a free confidential texting service for 11 to 19-year-olds. It offers an easy way for young people to ask for help on a range of issues.

Text 07507 329952



Health For Teens

This free website offers health and wellbeing advice and information to young people aged 11-19, promoting a healthy body and mind.

SCAN ME



For urgent health advice outside of our working hours please telephone 111 or contact your GP practice.

